100 Action Words in English

This PDF contains a categorized list of 100 action words (verbs) in English. Use this list to improve your vocabulary, writing, and speaking skills.

Physical Actions:

Jump, Run, Push, Pull, Lift

Carry, Sit, Stand, Walk, Climb

Throw, Catch, Kick, Swim, Drive

Hit, Punch, Shake, Dig, Fly

Mental Actions:

Think, Decide, Imagine, Consider, Forget

Analyze, Dream, Understand, Guess, Focus

Remember, Realize, Assume, Doubt, Predict

Learn, Believe, Judge, Recognize, Reflect

Communication Actions:

Speak, Say, Whisper, Shout, Explain

Ask, Answer, Call, Talk, Respond

Complain, Discuss, Announce, Report, Argue

Inform, Invite, Persuade, Mention, Warn

Daily Routine:

Wake, Eat, Drink, Work, Sleep

Bathe, Dress, Cook, Read, Clean

Shop, Exercise, Drive, Study, Rest

Wash, Brush, Travel, Plan, Organize

Emotional Verbs:

Love, Hate, Enjoy, Feel, Cry

Laugh, Worry, Relax, Hope, Fear

Admire, Miss, Care, Respect, Surprise

Anger, Frustrate, Dislike, Excite, Satisfy